



Dropmore Lunch Menu

Week beginning

Monday 8th December

Monday	Homemade sweet & sour chicken/ halal chicken/ Quorn with mixed vegetable rice
Tuesday	Wholemeal pasta/ free from pasta with mixed vegetables, tomato & herb dressing and optional cheese/ vegan cheese on top, served with garlic bread
Wednesday	Wholemeal sandwich roll with choice of filling - ham, chicken/ halal chicken, cheese/ vegan cheese, tuna mayo or egg mayo.
Thursday	Hotdog (normal sausage -pork or vegan)
Friday	Fish / vegetable fingers and oven baked chips with peas and sweetcorn. Option of ketchup on the side.
Dessert (one of the following is offered with each meal. For those with dietary requirements, free from yoghurt, biscuits, lentil crisps or jelly are offered)	Yoghurt, biscuit, dried fruit, fresh fruit, cheese savouries, breadsticks, potato chips & ice lollies (once a week in summer only)
Salad Bar (available daily)	Carrot batons, cucumber, tomatoes, cold sausages, cold chicken pieces, boiled egg, new potatoes, grated cheese, sugar snap peas, peppers, sliced bread & sweetcorn.