

Sandwich lunch – Ingredients and allergens

Roll: Wholemeal **Wheat** Flour, Water, Sugar, Yeast, **Wheat** Protein, **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Fermented **Wheat** Flour, Rapeseed Oil, Salt, Malted **Barley** Flour, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), **Soya** Flour, Spirit Vinegar, Dried **Wheat** Flour, Palm Oil, Flour Treatment Agent (Ascorbic Acid).

Spread: Water, Palm Oil, Rapeseed Oil, Olive Oil (10%), Palm Kernel Oil, Salt (1%), Vitamin E, Acidity Regulator (Citric Acid), Flavouring, Colour (Beta-Carotene), Vitamin A, Vitamin D.

Fillings:

Ham: Pork (80%), Water, Salt, Dextrose, Stabilisers (Pentapotassium Triphosphate, Pentasodium Triphosphate, Tetrapotassium Diphosphate), Mineral Sea Salt, Honey, Antioxidant (Sodium Ascorbate), Sugar, Brown Sugar, Gluten Free Breadcrumbs [Rice Flour, Cornflour, Rapeseed Oil, Turmeric, Paprika Extract, Dextrose], Preservatives (Sodium Nitrite, Sodium Nitrate), Demerara Sugar, Pork Gelatine, Colour (Plain Caramel), Caramelised Sugar Syrup.

Chicken: Chicken Breast (84%), Water, Pea Starch, Salt, Dextrose, Stabilisers (Tetrapotassium Diphosphate, Disodium Diphosphate), Colour (Plain Caramel), Chicken, Yeast Extract, Chicken Fat, Sugar, Onion Powder, Lemon Juice from Concentrate, Black Pepper, Sage Extract.

Tuna mayo: Skipjack Tuna (**Fish**), Spring Water. **Mayo:** Rapeseed Oil (75%), Water, Pasteurised **Egg** Yolk (7%), Spirit Vinegar, Sugar, Salt, Modified Maize Starch, Concentrated Lemon Juice, Flavouring (contains **Mustard**).

Cheese: **Milk**

Egg mayo: Egg **Mayo:** Rapeseed Oil (75%), Water, Pasteurised **Egg** Yolk (7%), Spirit Vinegar, Sugar, Salt, Modified Maize Starch, Concentrated Lemon Juice, Flavouring (contains **Mustard**).