

Mac'n Cheese lunch – Ingredients and allergens

Macaroni: Durum **Wheat** Semolina.

Free From Macaroni: Rice Flour, White Maize Flour, Yellow Maize Flour, Emulsifier (Mono- and Diglycerides of Fatty Acids).

Cheese sauce: Cheddar cheese: (**Milk**), Crème Fraîche: (Cream (**Milk**), Stabilisers (Tapioca Starch, Pectin), Sucrose, Starter Culture). English Mustard: Water, **Mustard** Flour (21%), Spirit Vinegar, Sugar, Salt, Wheat Flour [**Wheat** Flour, Calcium, Folic Acid, Iron, Niacin, Thiamin], Turmeric, Stabiliser (Xanthan Gum)

Free from cheese sauce: Free from cheese: Rice Base (Water, Dried Rice Syrup), Coconut Oil (26%), Modified Starch (Potato, Maize), Potato Starch, Sea Salt, Flavourings, Calcium, Bamboo Fibre, Acid (Lactic Acid), Gelling Agent (Agar), Colour (Carotenes). Free from yogurt: Water, **Soya** Bean (8%), Sugar, Raspberry Purée (6%), Calcium Phosphate, Maize Starch, Thickeners (Guar Gum, Pectin), Flavouring, Fruit and Vegetable Concentrates [Lemon, Carrot, Black Carrot], Acidity Regulator (Citric Acid), Vitamin D, Yogurt Cultures.

Bread: Water, Wheat Flour (with added Calcium, Folic Acid, Iron, Niacin, Thiamin) (32%), Wholemeal Flour (Wheat) (32%), Yeast, Calcium Sulphate, Salt, Wheat Protein, Soya Flour, Preservative: E282, Emulsifiers: E472e, E471, E322 (Rapeseed), Flour Treatment Agent: Ascorbic Acid