Beef Keema – Ingredients and allergens

Beef mince: Beef mince

Vegan mince: Rehydrated Textured Soya Protein (95%), Rapeseed Oil, Yeast Extract, Malted Barley Extract, Onion Powder, Garlic Powder, Cornflour, Dextrose, Salt, White Pepper, Water.

Onion: White onion

Garlic: White Wine Vinegar (Sulphites), Dried Garlic

Ginger: Ginger Purée (86%), Water, Cornflour, Acidity Regulator (Citric Acid), Salt.

Tomato puree: Tomatoes

Vegetable Stock cubes: Sea Salt, Potato Starch*, Sustainable Palm Oil*, Sugar*, Vegetables* 6.8% (Celery*, Onion*, Carrot*, Parsnip*, Tomato*), Sunflower Oil*, Yeast Extract, Caramelised Sugar*, Herbs* and Spices* (Lovage*, Turmeric*, Parsley*, Black Pepper*), *Organic ingredients

Vegetable oil: Rapeseed Oil.

Mild Curry Powder: Coriander Seed, Salt, Turmeric, Cinnamon, Paprika, Sugar, Garlic Powder, Onion Powder, Cumin Seed, Ginger, Black Pepper, Cardamom, Chilli Powder, Clove, Nutmeg.

Carrots: Carrots

Rice: Rice

Naan bread: Wheat Flour [Wheat Flour, Calcium, Folic Acid, Iron, Niacin, Thiamin], Water, Rapeseed Oil, Yeast, Spirit Vinegar, Sugar, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate, Monocalcium Phosphate), Vegetable Ghee [Palm Oil, Rapeseed Oil], Nigella Seeds, Preservatives (Potassium Sorbate, Calcium Propionate), Salt, Acidity Regulators (Malic Acid, Citric Acid), Wheat Starch.

Free from bread: Water, Tapioca Starch, Rice Flour, Rice Protein, Corn Flour, Bamboo Fibre, Pea Fibre, Yeast, Glycerine, Rapeseed Oil, Chicory Root Fibre, Sugar, Psyllium Husk, Pea Protein, Iodised Salt, Apple Juice Concentrates, Hydroxypropyl Methyl Cellulose, Thickener (Xanthan Gum), Fermented Corn, Sodium Carboxymethylcellulose, Guar Gum, Preservative (Sorbic Acid), Acids (Citric Acid, Tartaric Acid, Malic Acid), Natural Flavour